



## Dickinson High School Track & Field

February 15, 2024

Coaches,

The meet will begin with field events at 3:30 p.m. and the 3200-meter run at 3:45 p.m. All remaining running events will begin at 4:30 p.m. starting with the 4X100 meter relay and continue with a rolling schedule. All coaches will be expected to provide workers for field events. Additionally, every school must provide one timer for running events.

### **Order of Events: (3 Attempt in the following SH/DI/LI/TJ)**

<u>Events</u>	<u>Workers</u>
Long Jump: JV followed by FR	Clear Brook
Triple Jump: FR followed by JV	Clear Creek
Pole Vault: All together	Clear Falls
High Jump: JV followed by FR	G-Ball
Shot Put: FR followed by JV	Clear Springs
Discus: JV followed by FR	Alvin
3200m: FR followed by JV (or combined)	Dickinson

Please sign up your athletes for each field event at the finish line tent when you arrive. We will have a bucket, clipboard, pencil and measuring tape for each event. Upon completion of your event please return all items in at the finish line tent.

We look forward to seeing you.

Mark Crooms

[acrooms@dickinsonisd.org](mailto:acrooms@dickinsonisd.org)

### **Order of Events**

3200m Run at 3:45 p.m.

4 X 100 Relay 4:30 p.m.

800m Run

110m Hurdles

100m Run

4 X 200 Relay

400m Run

300m Hurdles

200m Run

1600m Run

4 X 400 Relay